ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

U19 Girls

INDIVIDUAL RESULTS

Position	Race No.	First Name	Surname	Club	Time
1	609	Ruby-Jo	Cowdell	Naas AC	17:40
2	608	Emer	O'Reilly	Naas AC	18:59
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ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

U19 Girls

TEAM RESULTS

ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

Intermediate Women

INDIVIDUAL RESULTS

Position	Race No.	First Name	Surname	Club	Time
1	476	Gillian	Clyne	Clane AC	16:21
2	729	Aoife	McNerney	St. Coca's AC	16:27
3	609	Ruby-Jo	Cowdell	Naas AC	17:40
4	245	Sinead	O'Connor	Celbridge AC	17:46
5	234	Ellen	Gannon	Celbridge AC	18:11
6	608	Emer	O'Reilly	Naas AC	18:59
7	893	Abbie	O'Leary	Celbridge AC	19:47
8	237	Esther	Bayon	Celbridge AC	20:12
9	239	Rebecca	Gannon	Celbridge AC	22:27
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ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

Intermediate Women

TEAM RESULTS

1	**Points**	**Celbridge AC**			
	24	4		Sinead	O'Connor
		5		Ellen	Gannon
		7		Abbie	O'Leary
		8		Esther	Bayon

ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

U19 Men

INDIVIDUAL RESULTS

Position	Race No.	First Name	Surname	Club	Time
1	470	Luke	Gilmartin	Celbridge AC	23:41
2	611	Matthew	Keane	Naas AC	23:47
3	471	Noel	Clear	Celbridge AC	24:27
4	469	Evan	Kennedy	Celbridge AC	26:04
5	700	James	Barrett	Newbridge AC	26:43
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ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

U19 Men

TEAM RESULTS

1	**Points**	**Celbridge AC**			
	8	1		Luke	Gilmartin
		3		Noel	Clear
		4		Evan	Kennedy

ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

Intermediate Men

INDIVIDUAL RESULTS

Position	Race No.	First Name	Surname	Club	Time
1	477	Terry	Shanley	Clane AC	22:00
2	640	Eoin	Murphy	Newbridge AC	22:50
3	641	Eric	Boland	Newbridge AC	22:58
4	255	Derek	Gilmartin	Celbridge AC	23:35
5	470	Luke	Gilmartin	Celbridge AC	23:41
6	611	Matthew	Keane	Naas AC	23:47
7	471	Noel	Clear	Celbridge AC	0.016979167
8	731	Brian	Kerrigan	St. Coca's AC	0.017013889
9	890	Andrew	Hart	Le Cheile AC	0.017662037
10	643	Paul	Matthews	Newbridge AC	0.018078704
11	469	Evan	Kennedy	Celbridge AC	0.018101852
12	700	James	Barrett	Newbridge AC	0.018553241
13	642	Fred	Coogan	Newbridge AC	0.018784722
14	252	Darren	Foster	Celbridge AC	0.019085648
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ATHLETICS KILDARE

KILDARE CROSS COUNTRY CHAMPIONSHIPS
Tir Mona, 5th October 2025

Intermediate Men

TEAM RESULTS

1	**Points**	**Celbridge AC**			
	27	4		Derek	Gilmartin
		5		Luke	Gilmartin
		7		Noel	Clear
		11		Evan	Kennedy
1	**Points**	**Newbridge AC**			
	27	2		Eoin	Murphy
		3		Eric	Boland
		10		Paul	Matthews
		12		James	Barrett