



### Kildare County Throws - 04.05.2026

Naas Athletic Club

#### Shot Put

U19G	1st	Lydia Fleischer	Celbridge AC	7.91m
Snr Men	1st	Diarmuid Hickey	St. Coca's AC	12.49m

#### Discus

U14 G	1st	Éabha Larkin	Naas AC	22.46m
U15G	1st	Kaleigh Redmond	Clane AC	20.77m
U15G	2nd	Grace Cassidy	Naas AC	17.05m
U15B	1st	Harry Kearney	Naas AC	33.01m
U16G	1st	Ella Hanlon	Suncroft AC	29.71m
U16G	2nd	Lucy Cousins	Suncroft AC	20.74m
U16G	3rd	Autumn Mawer	Clane AC	13.45m
U20G	1st	Cara Wright	CTMV AC	37.19m
Senior W	1st	Holly Wright	CTMV AC	43.51m
Senior M	1st	Diarmuid Hickey	St Coca's AC	28.19m

#### Javelin

U13B	1st	Sebastian Byrne	Naas AC	25.45m
U13G	1st	Sarah Cousins	Suncroft	34.32m
U13G	2nd	Isabelle Larkin	Naas AC	22.53m
U13G	3rd	Lola McDonnell	Naas AC	17.90m
U14G	1st	Éabha Larkin	Naas AC	29.08m
U14G	2nd	Mia Shine	Naas AC	24.04m
U14B	1st	Dylan Burke	CTMV AC	29.90m
U14B	2nd	Oliver Meder	Newbridge AC	25.35m
U15G	1st	Kayleigh Redmond	Clane AC	27.17m
U15G	2nd	Grace Cassidy	Naas AC	25.88m
U16G	1st	Eila O'Byrne	Suncroft AC	24.98m
U16B	1st	Ryan O'Neill	Newbridge AC	41.74m
U17G	1st	Maeve Moore	Newbridge AC	27.00m
U17G	2nd	Grace Garvey	Clane AC	26.68m
U17B	1st	Hugh Melaniphy	Naas AC	45.08m
U17B	2nd	Noah Treacy	Kildare AC	41.75m
U18B	1st	Eoin Cassidy	Naas AC	38.19m
U19G	1st	Isobel Kearns	Naas AC	34.56m
U19G	2nd	Abby Lewis	Naas AC	28.91m